Building Community Resilience

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go.gwu.edu/BCR @ResiNation go.gwu.edu/BCRvideos “Pair of ACEs” group

The Power of Collaboration

Trauma
Equity
Resilience

The Power of Collaboration

Resilience

What is in your "Soil"?

Treasure Exercise: Inscribe your Pair of ACEs Tree.

Deerlike the "Ecosystem & Invited"
The Power of Collaboration

Building Community Resilience:
Process of Assessment, Readiness, Implementation & Sustainability

- ACEs
- Resilience
- Narratives of the Community

- Provider Capacity/Capability
- System Capacity/Capability
- Policy Supports

- Organizational Linkages
- Citizen Leadership
- Social Supports
- Attachment to Place

- How to Connect
- Resource Distribution
- Community & Political Partnerships
- Collaboration

The Power of Collaboration

Changing Practice & Programs

BCR Policy Network: Hill Day 2019

Influencing Policy
Systems Driven Community Characteristics

Outcomes

Policy & Practice

The Pair of ACEs
Adverse Childhood Experiences

- Maternal Depression
- Physical & Emotional Neglect
- Emotional & Sexual Abuse
- Divorce
- Substance Abuse
- Mental Illness
- Domestic Violence
- Incarceration
- Homelessness

Adverse Community Environments

- Poverty
- Violence
- Discrimination
- Lack of Opportunity, Economic Mobility & Social Capital
- Community Disruption
- Poor Housing Quality & Affordability

BUILDING COMMUNITY RESILIENCE IN OREGON

ACEs are an American health problem.

Adverse Childhood Experiences (ACEs)
- % children with 2+ ACEs:
  - Nationally: 21.7%
  - Oregon: 22.4%
  - Marion County: 21.9%
  - Lane County: 22.3%

Adverse Community Environments (ACEs)
include:
- Poor housing quality & affordability
- Violence
- Discrimination
- Lack of opportunity & economic mobility

Together, these are the "Pair of ACEs". How do they show up?

% children 0-17 who...
- have experienced economic hardship: 29% 25% 25%
- lived with an adult with mental illness: 11% 10% 11%
- had a parent in jail: 7% 8% 8%
- witnessed domestic violence: 6% 5% 6%
- whose guardian abuses substances: 11% 11% 12%

Rate of violent crimes (per 100,000 ppl)
- Oregon: 249 crimes
- Marion County: 233 crimes
- Lane County: 246 crimes

% children living in poverty
- Oregon: 17%
- Marion County: 20%
- Lane County: 20%

% severely unaffordable or unsafe homes (monthly costs over 50% of income, no kitchen, no plumbing, or over-crowding)
- Oregon: 17%
- Marion County: 21%
- Lane County: 22%

% families with limited access to a grocery store
- Oregon: 15%
- Marion County: 15%
- Lane County: 18%

Rate of drug overdose deaths (per 100,000 ppl)
- Oregon: 13 deaths
- Marion County: 12 deaths
- Lane County: 18 deaths

Multiple adversities under one roof

Multiple adversities in one community
Breakout Exercise: Describe your Pair of ACEs Tree.

What does adversity look like in your community?

Describe the "Leaves & Branches"

What is in your "Soil"?

References:
Power of Collaboration

Structural Inequity

Building Community Resilience:
Process of Assessment, Readiness, Implementation & Sustainability

- Acts
- Resistance
- Hornetings of the Community

- Provider Capacity
- System Capacity
- Policy Support

Shared Understanding
State of Readiness
Community
Cross-Sector Partners

Co-creation of solutions
Prioritization of Issues

Identify Policy & Program Gaps
Address Implicit Bias

Equitable Access
Policy/Practice Change

Trauma
Equity
Resilience

# Defining Resilience

## Protective Factors that Promote Individual Resilience

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<td>Life satisfaction</td>
<td>Stable employment</td>
<td>Economic development</td>
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Community Resilience Networked Capacities

Source: Norris, et al. (2007)

Components of Community Resilience

- Economic Development
  - Level & Diversity of Economic Resources
  - Equity of Resource Distribution

- Information & Communication
  - Skills & Infrastructure
  - Trusted Sources of Information
  - Narratives of the Community

- Community Competence
  - Community Action
  - Collective Action & Efficacy
  - Political Partnerships
  - Critical Reflection & Problem Solving Skills

- Social Capital
  - Received & Perceived Social Support
  - Social Embeddness
  - Organizational Linkages & Cooperation
  - Citizen Participation, Leadership & Roles
  - Attachment to Place
  - Sense of Community
BUILDING COMMUNITY RESILIENCE IN OREGON

BCR is working to transform program, practice, and policy across systems to improve the health and life outcomes of children, families, and communities.

Supportive adults & healthy households
- Fewer children in foster care
- Fewer justice-involved youth
- Reduced crime

Connected systems & supports
- Fewer youth in mental health crisis
- Families drawing on their strengths
- Steady employment

We can build community resilience by:

1. Ensuring all children have a medical home
   - Oregon: 51%
   - Marion County: 42%
   - Lane County: 50%
   - % of children have a medical home

2. Guaranteeing access to good, nutritious food
   - Oregon: 36%
   - Marion County: 32%
   - Lane County: 30%
   - % of families do not have consistent access to healthy food

3. Providing school-based healthcare centers with mental health services
   - Oregon: 52
   - Marion County: 0
   - Lane County: 4
   - # of these centers in our community

4. Promoting working class job growth
   - Oregon: 1.5%
   - Marion County: 2.6%
   - Lane County: 0.7%
   - % job growth over 2017-2018

5. Ensuring access to jobs
   - Oregon: 70%
   - Marion County: 73%
   - Lane County: 80%
   - % of workers have <30 minute commute

6. Providing access to affordable housing
   - Oregon: 64%
   - Marion County: 64%
   - Lane County: 61%
   - % of families spend <30% of income on housing costs

Measures of Community Resilience

Access to Care
- Food Security
- Economic Mobility
- Stable Housing